Symposium for Primary Care Medicine
Friday and Saturday, November 2-3
The Diamond Center at the Suburban Collection Showplace

2018

35th Annual Allen Zieger Memorial Lecture Series
For Primary Care Practitioners
16.0 Category 1-A AOA CME Credits
16.0 AMA PRA Category 1 Credit(s)™

Sponsored by:
Beaumont

MICHIGAN STATE UNIVERSITY
College of Osteopathic Medicine

Specialty Credits Issued
16.0 Internal Medicine | 16.0 Family Medicine
15.25 AAFP Prescribed Credits

Featuring Self-Guided
High Yield ECG Review Virtual Workshop
All Day  “High Yield ECG Review Virtual Workshop”

Objective: Confidently diagnose atrial fibrillation, heart block and ischemia.

The Diamond Conference Center,
Connected to the Hyatt Place Hotel
At the Suburban Collection Showplace
46100 Grand River Ave., Novi, MI 48374
(248) 348-5600

Accommodations
Hyatt Place Hotel | 1-800-233-1234
novi.place.hyatt.com
A block of rooms has been reserved thru 10/18/18
at a special rate of $135 + tax
Group Code G-PRIM
KEVIN I. FRANKEL, D.O., FAAFP – MODERATOR

All Day  “High Yield ECG Review Virtual Workshop”

7:00 a.m.  Registration & Continental Breakfast

7:50 a.m.  Welcome & Announcements – Andrew Cykiert, D.O., FACOI, FACP, Constance O’Malley, R.N., MSA, FACHE and Andrea Amalfitano, D.O., Ph.D., DABMGG

8:00 a.m.  “Coronary Artery Disease: If We Find It, Do We Need to Treat It?”
Justin E. Trivax; M.D., FACC, FSCAI
Objective: Differentiate between clinically significant CAD vs. clinically insignificant CAD; explain when and how to screen patients.

8:50 a.m.  “Making Sense of Syncope”
Jason J. George, M.D.
Objective: Discuss differentiating cardiac vs. non-cardiac syncope; define syncope and discuss etiologies of cardiac syncope vs mimickers; review initial assessment and evaluation of patients presenting with syncope that includes history, exam, ECG and initial monitoring; discuss risk stratification in patients with syncope, when to admit vs outpatient evaluation, and identify patients appropriate for cardiac evaluation and cardiac testing for syncope.

9:40 a.m.  Panel Discussion – Q/A

10:00 a.m.  Break / Visit Exhibits

10:20 a.m.  “Mitigating Metabolic Syndrome’s Manifestations”
Joseph L. Williams, D.O.
Objective: Discuss how to identify and define metabolic syndrome and its pathophysiology; review strategies for proper communication with patients and patient support by providing insight into their condition and discuss treatment options; and partner with patients for sustained health improvements.

11:10 a.m.  “Diabetes: What’s New in Type 2”
Michael R. Brennan, D.O., M.S., FACP, FACE
Objective: Review the pathophysiology and prevalence of Type 2 Diabetes; discuss the newer classes of medication to treat Type 2 Diabetes; and review current approaches and strategies for treatment.

12:00 p.m.  Panel Discussion – Q/A

12:20 p.m.  Lunch / Visit Exhibits

1:05 p.m.  “Pharmacologic Marijuana: Drug or Medicine?”
Eric N. Coffman, D.O., FASAM
Objective: Review clinical information that should be considered before prescribing medical marijuana. Learn of risks and benefits.

1:55 p.m.  “Non-Pharmacologic Approaches to Pain Management”
Maureen M. Anderson, M.D.
Objective: Review integrative approach to pain management and the role of nutrition in inflammation and pain; discuss evidence to support various modalities utilized to address pain; including, acupuncture, massage and yoga; and discuss appropriate referrals to credentialed practitioners.

2:45 p.m.  Panel Discussion – Q/A

3:05 p.m.  Break / Visit Exhibits

3:25 p.m.  “Best Practices in Outpatient Infectious Disease Management”
Christopher F. Carpenter, M.D., MHSA, FACP, FIDSA
Objective: Identify the right opportunities to use appropriate antibiotics for upper respiratory infections; diagnose and manage sexually transmitted diseases according to newly updated guidelines; and identify five things that physicians and patients should question as inappropriate and overused clinical infectious disease practices.

4:15 p.m.  “Essentials of Pain and Symptom Management for Patients with Serious Illness Approaching End of Life”
Angela M. Chmielewski, M.D.
Objective: Recognize standardized scales to rate pain and non-pain symptoms; identify appropriate starting doses of common opiates for treatment of acute pain in patients who are opiate naive; name common side-effect for opiates; and identify common reversible causes of delirium in the terminally ill patient.

5:05 p.m.  Panel Discussion – Q/A

5:25 p.m.  Closing Remarks for the Day
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 a.m.</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
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<td>Welcome &amp; Announcements – Andrew Cykiert, D.O., FACOI, FACP</td>
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<tr>
<td>8:00 a.m.</td>
<td>“Rheumatology for the Primary Care Provider”</td>
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<td>Ashwini M. Shadakshari, M.D.</td>
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<td><strong>Objective:</strong> Identify diagnostic and therapeutic challenges associated with rheumatological conditions.</td>
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<td>8:50 a.m.</td>
<td>“Evaluation and Treatment of the Patient with Joint Pain in the Primary Care Setting”</td>
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<td>Kelley J. Brossy, D.O.</td>
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<td><strong>Objective:</strong> Discuss when to order MRI vs. X-ray or CT; identify when orthopedic consultation may be indicated; and review pathologies that can be treated in the primary care setting.</td>
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<tr>
<td>10:20 a.m.</td>
<td>“Evaluation of the Neck and Thyroid Mass for the Primary Care Physician”</td>
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<td>Shant A. Korkigian, D.O.</td>
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<td><strong>Objective:</strong> Discuss how to easily and thoroughly work-up and diagnose masses of the lateral neck and thyroid.</td>
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<td>11:10 a.m.</td>
<td>“Arterial Insufficiency Evaluation, Workup and Treatment Review for the Primary Care Physician”</td>
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<td>Marshall K. Medley, D.O., FACOS</td>
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<td><strong>Objective:</strong> Review strategies for the management of arterial disease; and discuss when to refer a patient to a vascular surgeon.</td>
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<td>12:50 p.m.</td>
<td>“Testosterone: Decoding the Controversies”</td>
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<td>Tarek R. Pacha, D.O.</td>
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<td><strong>Objective:</strong> Discuss the most common form of hypogonadism; review strategies for how to diagnose and potentially treat low testosterone; and discuss how testosterone supplementation affects cardiovascular health.</td>
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<td>1:40 p.m.</td>
<td>“Clinical Updates in Women’s Health Care”</td>
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<td>Sangeeta Kaur, M.D.</td>
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<td><strong>Objective:</strong> Review the evidence behind screening guidelines for breast cancer and cervical cancer; develop an appreciation for wellness care in the female patient including assessments for intimate partner violence, depression and contraception; reconcile differing viewpoints on screening protocols; and develop a skill set to engage in physician/patient shared decision-making.</td>
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<td>2:30 p.m.</td>
<td>“Functional Bowel Disorders: Case Presentations”</td>
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<td>Catherine A. Kerschen, D.O., FACOI</td>
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<td><strong>Objective:</strong> Discuss diagnosis, evaluation, and treatment of functional bowel disorders.</td>
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<td>3:20 p.m.</td>
<td>Panel Discussion – Q/A</td>
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<tr>
<td>3:40 p.m.</td>
<td>Closing Remarks</td>
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2 EASY WAYS TO REGISTER!
Tuition includes all course materials, including a comprehensive course syllabus, daily breakfast buffet, luncheon, and snacks.

1) ONLINE: Register with a credit card at: 
beaumont.cloud-cme.com/fallprimarycare2018

2) MAIL: Mail completed form with your check. 
Beaumont Hospital, Attn: Esther Gargalino 
3601 W. 13 Mile Rd., CME Dept., 305 ABW 
Royal Oak, MI 48073 
Mailed payments must be received by 10/29 in order to receive the reduced rate.

Register today! Reduced fees are available for early registration. 
Online registration available through Oct. 29, 2018. After Oct. 29, 2018, please register on-site at the Diamond Conference Center at the Suburban Collection Showplace, Novi, MI.

Registration Fees

<table>
<thead>
<tr>
<th>Physicians</th>
<th>By 10/29/18</th>
<th>After 10/29/18</th>
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<tbody>
<tr>
<td>Beaumont Health Staff Physicians and MSUCOM Alumni/Clinical Faculty</td>
<td>$425</td>
<td>$475</td>
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<tr>
<td>Physicians (other institutions)</td>
<td>$450</td>
<td>$500</td>
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<tr>
<td>Single Day Registration (Physician)</td>
<td>$295</td>
<td>$350</td>
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<tr>
<th>Non-Physicians</th>
<th>By 10/29/18</th>
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<tbody>
<tr>
<td>Nurse Practitioners, Physicians Assistants, Nurses, etc.</td>
<td>$250</td>
<td>$295</td>
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<tr>
<td>Single Day Registration (NP, PA, RN, etc.)</td>
<td>$220</td>
<td>$270</td>
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<thead>
<tr>
<th>Medical Students, Residents And Fellows</th>
<th>By 10/29/18</th>
<th>After 10/29/18</th>
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</thead>
<tbody>
<tr>
<td>Beaumont Health Residents and Fellows</td>
<td>$0</td>
<td>$0</td>
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<tr>
<td>Residents and Fellows (other institutions)</td>
<td>$100</td>
<td>$100</td>
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<tr>
<td>Single Day Registration (other institutions)</td>
<td>$50</td>
<td>$50</td>
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<tr>
<td>OUWB/MSUCOM Medical Students</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Medical Students (other institutions)</td>
<td>$50</td>
<td>$50</td>
</tr>
<tr>
<td>Single Day Registration (Medical Student)</td>
<td>$25</td>
<td>$25</td>
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</tbody>
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Registration Form (if paying by check)
Please type or print. Name badges are generated from this form.

First Name ___________________ Last Name ___________________
Degree (D.O., M.D., NP, PA-C, RN, etc.) ___________________
Mailing Address _________________________________________
City __________________ State ______ Zip _______________
Contact phone __________________ Mobile phone __________________
E-mail __________________ AOA # __________________
(Required for CME Credit Purposes) For D.O. CME Accreditation
(Required for Registration and CME Credit Purposes)

Please direct questions to: cme@beaumont.edu or call (248) 551-0200.
Faculty

Course Director
Andrew Cykiert, D.O., FACOI, FACP
Internal Medicine
Clinical Assistant Professor, MSUCOM
Beaumont Hospital
Farmington Hills, MI

Faculty
Maureen M. Anderson, M.D.
Pediactric Emergency Medicine and Integrative Medicine
Assistant Professor, Oakland University
William Beaumont School of Medicine
Beaumont Hospital
Royal Oak, MI

Randall A. Bickle, D.O., J.D., CPE, FAAPL
Family Medicine
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Beaumont Hospital
Farmington Hills, MI

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Assistant Professor, OUWB
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Grosse Pointe, MI

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Orthopedic Surgery
Beaumont Hospital
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Infectious Disease
Professor of Medicine, OUWB
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Beaumont Hospital
Royal Oak, MI

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Addiction Medicine and Family Practice
Medical Co-Director, Chemical Dependecny Unit
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Livonia, MI

Kevin I. Frankel, D.O., FAAFP
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Clinical Assistant Professor, MSUCOM
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Farmington Hills, MI

Jason J. George, M.D.
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Beaumont Hospital
Farmington Hills, MI

Sangeeta Kaur, M.D.
Obstetrics and Gynecology
Assistant Professor, OUWB
Beaumont Hospital
Royal Oak, MI

Catherine A. Kerschen, D.O., FACOI
Gastroenterology
Associate Professor, Dept. of Internal Medicine, Gastroenterology, MSUCOM
Memorial Healthcare
Owosso, MI

Shant A. Korkigian, D.O.
Otolaryngology-Head and Neck Surgery
Clinical Assistant Professor, MSUCOM
Beaumont Hospital
Farmington Hills, MI

Anthony J. Lutz, D.O., FACC, FACOI
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Clinical Instructor, MSUCOM
Beaumont Hospital
Farmington Hills, MI

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Farmington Hills, MI

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Farmington Hills, MI

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Rheumatology
Beaumont Hospital
Royal Oak, MI

Justin E. Trivax, M.D., FACC, FSCAI
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Assistant Professor, OUWB
Beaumont Hospital
Royal Oak, MI

Joseph L. Williams, D.O.
Family and Sports Medicine
Clinical Assistant Professor, MSUCOM
Clinical Professor, Wayne State University School of Medicine
Beaumont Hospital
Farmington Hills, MI
Osteopathic Continuing Medical Education

Beaumont Health System – Troy Hospital is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

Beaumont Health System – Troy Hospital designates this program for a maximum of 16.0 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

Allopathic Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Beaumont Health and Michigan State University College of Osteopathic Medicine. Beaumont Health is accredited by the ACCME to provide continuing medical education for physicians.

Beaumont Health designates this live activity for a maximum of 16.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians

This Live activity, Symposium for Primary Care Medicine 2018, with a beginning date of 11/02/2018, has been reviewed and is acceptable for up to 15.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Advanced Practice Providers and Nurses

A maximum of 16.0 CME credits can be used to meet the Continuing Education Requirements needed for Michigan Relicensure without limitation. Each attendee should claim only those hours of credit that is actually spent in the live activity.

Target Audience

The target audience for this educational conference is primary care physicians, internists, nurse practitioners, physician assistants, and nurses.

Special Needs

In order to appropriately accommodate any special accommodations (including dietary restrictions), please contact Esther Gargalino at (248) 551-2169 or esther.gargalino@beaumont.org no later than October 22, 2018.

Cancellation Policy

Prepaid registration fees will be refunded minus a $25 administrative fee, upon written notice of cancellation by email or mail received on or before October 22, 2018. No phone calls will be accepted for cancellation of registration. No refunds will be made after October 22, 2018. Please direct your correspondence to: Esther Gargalino, cme@beaumont.edu.
2018

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