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# ACHIEVING THE SWEET SPOT 2018:

## Latest Advances in Diabetes Care for the Multidisciplinary Team

Friday, Nov. 16

Troy Marriott

200 West Big Beaver Road  
Troy, MI 48084

Provided by Beaumont Health  
in collaboration with the  
American Diabetes Association



Beaumont

### Description:

This educational symposium will provide health care providers with practical approaches for the management of diabetes. Participants will have the opportunity to become updated on current evidence-based guidelines, focus on practice-based learning and improvement while network with colleagues.

### Target audience:

Physicians, physician assistants, nurses, nurse practitioners, pharmacists, dietitians, fellows, residents and students with an interest in the areas of family medicine, endocrinology and internal medicine.

### Objectives:

At the conclusion of this conference, participants should be better able to:

1. Describe how the knowledge of Type 2 diabetes pathophysiology logically translates into management principles and identify how the different classes of anti-diabetic agents can be used to optimize glycemic control while minimizing adverse effects.
2. Recognize the role of Continuous Glucose Monitor (CGM) in diabetes management and demonstrate skills in appropriately utilizing CGMs to assist in clinical practice.
3. Indicate best approaches for the treatment and prevention of diabetic retinopathy, nephropathy and neuropathy.
4. Review relevant cardiovascular outcome trials and evaluate application to clinical practice.
5. Discuss the complexities of living with diabetes.
6. Describe the seven self-care behaviors integral to successful diabetes self-management.
7. Discuss the impact of language on motivation, behaviors and outcomes in diabetes management.
8. Describe the diagnostic criteria, treatment and blood glucose targets for the management of diabetes in obstetrical patients.
9. Discuss appropriate glucose management strategies during hospitalization.
10. Define the different types of diabetes and recognize the differences in the pathophysiology and prevalence of each type.

### Desired Learning Outcome:

At the conclusion of the educational activity, participants will self-report knowledge gain of current best practices for diagnosis, treatment, management and prevention of diabetes and its complications as well as strategies to facilitate the adoption of self-care behaviors that can lead to improved health and quality of life.

### Physician Continuing Medical Education:

Beaumont Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Beaumont Health designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Dietitian Continuing Professional Education:


This activity is approved for 5.5 CPE credits for dietitians.

### Nursing Continuing Education:

Beaumont Health is an approved provider of continuing nursing education by the Ohio Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) (OH-378, 10/1/2019) 5.5 Contact Hours will be Awarded.

Criteria for successful completion includes attendance at entire event and submission of a completed evaluation form.

### Pharmacist Continuing Education:

 Beaumont Health System is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Pharmacists have the opportunity to earn 5.25 hours of continuing education credit.

To view the complete list of the ACPE Universal Activity Numbers for this conference, please visit: [beaumont.cloud-cme.com/sweetspot2018](http://beaumont.cloud-cme.com/sweetspot2018).

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**ACHIEVING THE SWEET SPOT 2018:**  
LATEST ADVANCES IN DIABETES CARE FOR THE MULTIDISCIPLINARY TEAM

**CONFERENCE AGENDA**

7 a.m.	<b>Registration and continental breakfast</b>	
8-8:15 a.m.	Welcome & Opening Statements Lowell Schmeltz, M.D., FACE	
8:15-9 a.m.	What's New in the Guidance for the Management of Type 2 Diabetes? George Grunberger, M.D.,FACP, FACE	
9-9:45 a.m.	Continuous Blood Glucose Monitoring in Clinical Practice Davida Kruger, MSN, APN-BC, BC-ADM	
9:45-10 a.m.	Q&A George Grunberger, M.D.,FACP, FACE and Davida Kruger, MSN, APN-BC, BC-ADM	
10-10:25 a.m.	<b>Break/Networking/Exhibits</b>	
<b>Concurrent Breakout Sessions</b>		
	Education/Clinical	Special Populations
10:25-11:10 a.m.	Increasing Engagement in Patients with Diabetes Nancy D'hondt, RPh, CDE, FAADE	Different Types of Diabetes Michael Brennan, D.O., MS, FACP, FACE
11:15 a.m. to Noon	Inpatient Diabetes Management Farah Dawood-Farah, M.D.	Diabetes in Pregnancy Perry Friedman, M.D.
Noon to 1 p.m.	<b>Lunch/Vendors/Networking</b>	
1-2:30 p.m.	Diabetes Complications: Panel Discussion with the Ophthalmologist, Nephrologist & Neurologist Michael Ober, M.D., FACS; Lisa Cohen, M.D.; Aaron Ellenbogen, D.O., MPH, FACN; Carla Ferrise, APRN, FNP-BC	
2:30-3:15 p.m.	Diabetes Medications and Cardiovascular Outcomes Lowell Schmeltz, M.D., FACE	
3:15 p.m.	<b>Conference adjourns</b>	

**Course Director:**

Lowell Schmeltz, M.D., FACE  
President, American Diabetes Association of Michigan  
Associate Professor of Medicine, Oakland University  
William Beaumont School of Medicine  
Associated Endocrinologists, PC, Farmington Hills, MI

**Course Coordinator:**

Afomia Feleke, PharmD, BCPS  
Clinical Pharmacy Specialist, Beaumont Hospital, Royal Oak

**Faculty:**

Michael Brennan, D.O., MS, FACP, FACE  
Director, Beaumont Endocrine Center, St. Clair Shores  
Chief, Section of Endocrinology, Beaumont Hospital,  
Grosse Pointe  
Assistant Professor of Medicine, OUWB School of Medicine  
Assistant Professor, Michigan State University College of  
Osteopathic Medicine (MSUCOM)

Lisa Cohen, M.D.  
Nephrologist, Beaumont Hospital, Royal Oak



**REGISTER EARLY AND SAVE!**

Register/pay online at [beaumont.cloud-cme.com/sweetspot2018](http://beaumont.cloud-cme.com/sweetspot2018)

**Faculty: (cont.)**

Farah Dawood-Farah, M.D.  
Endocrinologist, Beaumont Hospital, Royal Oak  
FD Farah LLC, Rochester Hills

Nancy D'hondt, RPh, CDE, FAADE  
Clinical pharmacist/Diabetes Educator, Ascension  
St. John Providence Hospital, Detroit, MI  
Immediate Past President, American Association  
of Diabetes Educators

Aaron Ellenbogen, D.O., MPH, FACN  
Neurologist, Beaumont Hospital, Royal Oak

Carla Ferrise, APRN, FNP-BC  
Nurse Practitioner, Associated Endocrinologists, PC,  
Farmington Hills, MI

Perry Friedman, M.D.  
Maternal Fetal Medicine, Beaumont Hospital, Royal Oak

George Grunberger, M.D., FACP, FACE  
Chairman, Grunberger Diabetes Institute, Bloomfield Hills  
Professor of Medicine, OUWB School of Medicine  
Clinical Professor, Internal Medicine and Molecular  
Medicine & Genetics, Wayne State University  
Past President, American Association of Clinical  
Endocrinologists

Davida Kruger, MSN, APN-BC, BC-ADM  
Nurse Practitioner, Henry Ford Health System, Detroit, MI

Michael Ober, M.D., FACS  
Vitreoretinal Surgeon and Partner at Retinal Consultants  
of Michigan, Southfield, MI

**Questions?**

**CME:**  
Jessica Rice, 248-551-0748 or [cme@beaumont.edu](mailto:cme@beaumont.edu)

**Dietitian CPE:**  
Lindsay Beresh, [Lindsay.Beresh@beaumont.org](mailto:Lindsay.Beresh@beaumont.org)

**Nursing CE:** [nursingce@beaumont.org](mailto:nursingce@beaumont.org)

**Pharmacist CE:**  
Heidi Pillen, 947-522-1168 or [Heidi.Pillen@beaumont.org](mailto:Heidi.Pillen@beaumont.org)

**General event:**  
Afomia Feleke, 248-898-2521  
or [afomia.feleke@beaumont.org](mailto:afomia.feleke@beaumont.org)

**Registration fee:**

**Early bird rate** (On or before 10/15)  
Physicians (M.D./D.O.) **\$125**

Health care professional: **\$75**

Beaumont or OUWB resident/fellow/student: **No Fee**

Non-Beaumont resident/fellow/student: **\$55**

**Regular rate** (10/16 - 11/12)

Physicians (M.D./D.O.) **\$140**

Health care professional: **\$90**

Beaumont or OUWB resident/fellow/student: **No Fee**

Non-Beaumont resident/fellow/student: **\$55**

**Onsite rate** (11/16)

Physicians (M.D./D.O.) **\$160**

Health care professional: **\$110**

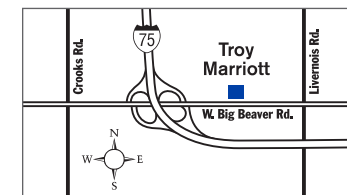
Beaumont or OUWB resident/fellow/student: **\$55**

Non-Beaumont resident/fellow/student: **\$75**

*Registration fee includes meals and continuing education credit processing.*

Cancellations or refund requests must be received by Nov. 12, 2018. A processing fee of \$25 will be assessed to all cancelled registrations. Cancellation or refund requests after Nov. 12 will not be honored. To cancel a registration, email [cme@beaumont.edu](mailto:cme@beaumont.edu) with the name of the activity and "Cancellation" in the subject line.

**Location:**



**Troy Marriott**  
200 West Big Beaver Road  
Troy, MI 48084

*Complimentary on-site parking is available.*