

Symposium for Primary Care Medicine

Friday and Saturday, November 2-3
The Diamond Center at the
Suburban Collection Showplace

35th Annual Allen Zieger Memorial Lecture Series

For Primary Care Practitioners
16.0 Category 1-A AOA CME Credits
16.0 AMA PRA Category 1 Credit(s) ™

Specialty Credits Issued

16.0 Internal Medicine | **16.0** Family Medicine 15.25 AAFP Prescribed Credits

Featuring Self-Guided

High Yield ECG Review Virtual Workshop

Sponsored by:

Beaumont

MICHIGAN STATE UNIVERSITY

College of Osteopathic Medicine

Friday and Saturday, November 2 and 3, 2018



All Day "High Yield ECG Review Virtual Workshop"

<u>Objective</u>: Confidently diagnose atrial fibrillation, heart block and ischemia.

The Diamond Conference Center, Connected to the Hyatt Place Hotel At the Suburban Collection Showplace 46100 Grand River Ave., Novi, MI 48374 (248) 348-5600

Accommodations

Hyatt Place Hotel | 1-800-233-1234 novi.place.hyatt.com A block of rooms has been reserved thru 10/18/18 at a special rate of \$135 + tax Group Code G-PRIM









Friday, November 2, 2018

KEVIN I. FRANKEL, D.O., FAAFP – MODERATOR

All Day "High Yield ECG Review Virtual Workshop"

7:00 a.m. Registration & Continental Breakfast

7:50 a.m. Welcome & Announcements – Andrew Cykiert, D.O., FACOI, FACP,

Constance O'Malley, R.N., MSA, FACHE and Andrea Amalfitano, D.O., Ph.D., DABMGG

8:00 a.m. "Coronary Artery Disease: If We Find It, Do We Need to Treat It?"

Justin E. Trivax; M.D., FACC, FSCAI

<u>Objective:</u> Differentiate between clinically significant CAD vs. clinically insignificant CAD; explain when and how to screen patients.

8:50 a.m. "Making Sense of Syncope"

Jason J. George, M.D.

<u>Objective:</u> Discuss differentiating cardiac vs. non-cardiac syncope; define syncope and discuss etiologies of cardiac syncope vs mimickers; review initial assessment and evaluation of patients presenting with syncope that includes history, exam, ECG and initial monitoring; discuss risk stratification in patients with syncope, when to admit vs outpatient evaluation, and identify patients appropriate for cardiac evaluation and cardiac testing for syncope.

9:40 a.m. Panel Discussion – Q/A

10:00 a.m. Break / Visit Exhibits

10:20 a.m. "Mitigating Metabolic Syndrome's Manifestations"

Joseph L. Williams, D.O.

<u>Objective</u>: Discuss how to identify and define metabolic syndrome and its pathophysiology; review strategies for proper communication with patients and patient support by providing insight into their condition and discuss treatment options; and partner with patients for sustained health improvements.

11:10 a.m. "Diabetes: What's New in Type 2"

Michael R. Brennan, D.O., M.S., FACP, FACE

<u>Objective</u>: Review the pathophysiology and prevalence of Type 2 Diabetes; discuss the newer classes of medication to treat Type 2 Diabetes; and review current approaches and strategies for treatment.

12:00 p.m. Panel Discussion – Q/A

12:20 p.m. Lunch / Visit Exhibits

1:05 p.m. "Pharmacologic Marijuana: Drug or Medicine?"

Eric N. Coffman, D.O., FASAM

Objective: Review clinical information that should be considered before prescribing medical marijuana. Learn of risks and benefits.

1:55 p.m. "Non-Pharmacologic Approaches to Pain Management"

Maureen M. Anderson, M.D.

<u>Objective</u>: Review integrative approach to pain management and the role of nutrition in inflammation and pain; discuss evidence to support various modalities utilized to address pain; including, acupuncture, massage and yoga; and discuss appropriate referrals to credentialed practitioners.

2:45 p.m. Panel Discussion – Q/A

3:05 p.m. Break / Visit Exhibits

3:25 p.m. "Best Practices in Outpatient Infectious Disease Management"

Christopher F. Carpenter, M.D., MHSA, FACP, FIDSA

<u>Objective:</u> Identify the right opportunities to use appropriate antibiotics for upper respiratory infections; diagnose and manage sexually transmitted diseases according to newly updated guidelines; and identify five things that physicians and patients should question as inappropriate and overused clinical infectious disease practices.

4:15 p.m. "Essentials of Pain and Symptom Management for Patients with Serious Illness Approaching End of Life"

Angela M. Chmielewski, M.D.

<u>Objective</u>: Recognize standardized scales to rate pain and non-pain symptoms; identify appropriate starting doses of common opiates for treatment of acute pain in patients who are opiate naïve; name common side-effect for opiates; and identify common reversible causes of delirium in the terminally ill patient.

5:05 p.m. Panel Discussion - Q/A

5:25 p.m. Closing Remarks for the Day

Saturday, November 3, 2018

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	RANDALL A. BICKLE, D.O., J.D., CPE, FAAPL - MODERATOR
All Day	"High Yield ECG Review Virtual Workshop"
7:00 a.m.	Registration & Continental Breakfast
7:55 a.m.	Welcome & Announcements – Andrew Cykiert, D.O., FACOI, FACP
8:00 a.m.	"Rheumatology for the Primary Care Provider" Ashwini M. Shadakshari, M.D.
	<u>Objective:</u> Identify diagnostic and therapeutic challenges associated with rheumatological conditions.
8:50 a.m.	"Evaluation and Treatment of the Patient with Joint Pain in the Primary Care Setting" Kelley J. Brossy, D.O.
	<u>Objective:</u> Discuss when to order MRI vs. X-ray or CT; identify when orthopedic consultation may be indicated; and review pathologies that can be treated in the primary care setting.
9:40 a.m.	Panel Discussion – Q/A
10:00 a.m.	Break / Visit Exhibits
10:20 a.m.	"Evaluation of the Neck and Thyroid Mass for the Primary Care Physician"
	Shant A. Korkigian, D.O. <u>Objective:</u> Discuss how to easily and thoroughly work-up and diagnose masses
	of the lateral neck and thyroid.
11:10 a.m.	"Arterial Insufficiency Evaluation, Workup and Treatment Review for the Primary Care Physician" Marshall K. Medley, D.O., FACOS
	Objective: Review strategies for the management of arterial disease; and discuss when to refer a patient to a vascular surgeon.
12:00 p.m.	Panel Discussion – Q/A
12:20 p.m.	Lunch / Visit Exhibits
12:50 p.m.	"Testosterone: Decoding the Controversies" Tarek R. Pacha, D.O.
	<u>Objective:</u> Discuss the most common form of hypogonadism; review strategies for how to diagnose and potentially treat low testosterone; and discuss how testosterone supplementation affects cardiovascular health.
1:40 p.m.	"Clinical Updates in Women's Health Care" Sangeeta Kaur, M.D.
	Objective: Review the evidence behind screening guidelines for breast cancer and cervical cancer; develop an appreciation for wellness care in the female patient including assessments for intimate partner violence, depression and contraception; reconcile differing viewpoints on screening protocols; and develop a skill set to engage in physician/patient shared decision-making.
2:30 p.m.	"Functional Bowel Disorders: Case Presentations" Catherine A. Kerschen, D.O., FACOI
	Objective: Discuss diagnosis, evaluation, and treatment of functional bowel disorders.
3:20 p.m.	Panel Discussion – Q/A
3:40 p.m.	Closing Remarks

2 EASY WAYS TO REGISTER!

Tuition includes all course materials, including a comprehensive course syllabus, daily breakfast buffet, luncheon, and snacks.

 ONLINE: Register with a credit card at: beaumont.cloud-cme.com/fallprimarycare2018

2) MAIL: Mail completed form with your check.
Make check payable to Beaumont Hospital.
Mailed payments must be received by 10/29
in order to receive the reduced rate.

Beaumont Hospital, Attn: Esther Gargalino 3601 W. 13 Mile Rd., CME Dept., 305 ABW Royal Oak, MI 48073

Register today! Reduced fees are available for early registration.

Online registration available through Oct. 29, 2018. After Oct. 29, 2018, please register on-site at the Diamond Conference Center at the Suburban Collection Showplace, Novi, MI.

Registration Fees	By 10/29/18 Online	After 10/29/18 On-Site Only		
Physicians				
Beaumont Health Staff Physicians and MSUCOM Alumni/Clinical Faculty	\$425	\$475		
Physicians (other institutions)	\$450	\$500		
Single Day Registration Friday (Physician)	Saturday \$295	\$350		
Non-Physicians				
Nurse Practitioners, Physicians Assistants, Nurses, etc.	\$250	\$295		
Single Day Registration Friday (NP, PA, RN, etc.)	Saturday \$220	\$270		
Medical Students, Residents	And Fellows			
Beaumont Health Residents and Fellows		\$0		
Residents and Fellows (other institutions)	\$100	\$100		
Single Day Registration Friday (other institutions)	Saturday \$50	\$50		
OUWB/MSUCOM Medical Students	\$0	\$0		
Medical Students (other institutions)	\$50	\$50		
Single Day Registration Friday (Medical Student)	Saturday \$25	\$25		
Registration Form (if paying by check) Please type or print. Name badges are generated from this form.				
First Name	Last Name			
Degree (D.O., M.D., NP, PA-C, RN, etc.)				
Mailing Address				
City	State	_ Zip		
Contact phone	Mobile phone _ (Required for CME Credit Purposes)		
E-mail	AOA #	For D.O. CMF Accreditation		

Faculty

Course Director

Andrew Cykiert, D.O., FACOI, FACP

Clinical Assistant Professor, MSUCOM Farmington Hills, MI

Faculty

Maureen M. Anderson, M.D.

Pediatric Emergency Medicine and Integrative Medicine Assistant Professor, Oakland University Royal Oak, MI

Randall A. Bickle, D.O., J.D., CPE, FAAPL

Michael R. Brennan, D.O., M.S., FACP, FACE

Endocrinology
Clinical Assistant Professor, MSUCOM
Assistant Professor, OUWB
Beaumont Hospital
Grosse Pointe, MI

Kelley J. Brossy, D.O.

Christopher F. Carpenter, M.D., MHSA, FACP, FIDSA

Infectious Disease Professor of Medicine, OUWB Beaumont Hospital Royal Oak, MI

Angela M. Chmielewski, M.D.

Hospice and Palliative Medicine Asssitant Professor, OUWB Beaumont Hospital Royal Oak, MI

Eric N. Coffman, D.O., FASAM

Chemical Dependency Unit

Kevin I. Frankel, D.O., FAAFP

Beaumont Hospital Farmington Hills, MI

Jason J. George, M.D.

Cardiology Beaumont Hospital Farmington Hills, MI

Sangeeta Kaur, M.D.
Obstetrics and Gynecology Royal Oak, MI

Catherine A. Kerschen, D.O., FACOI

Shant A. Korkigian, D.O.

Otolaryngology-Head and Neck Surgery Clinical Assistant Professor, MSUCOM Beaumont Hospital Farmington Hills, MI

Anthony J. Lutz, D.O., FACC, FACOI

Cardiology Clinical Instructor, MSUCOM

Marshall K Medley, D.O., FACOS

Tarek R. Pacha, D.O.

Urology
Clinical Assistant Professor, MSUCOM
Beaumont Hospital
Farmington Hills, MI

Ashwini M. Shadakshari, M.D.

Justin E. Trivax, M.D., FACC, FSCAI

Cardiology Assistant Professor, OUWB Beaumont Hospital Royal Oak, MI

Joseph L. Williams, D.O.

Family and Sports Medicine
Clinical Assistant Professor, MSUCOM
Clinical Professor, Wayne State University
School of Medicine Beaumont Hospital Farmington Hills, MI

Osteopathic Continuing Medical Education

Beaumont Health System – Troy Hospital is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

Beaumont Health System – Troy Hospital designates this program for a maximum of 16.0 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Allopathic Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Beaumont Health and Michigan State University College of Osteopathic Medicine. Beaumont Health is accredited by the ACCME to provide continuing medical education for physicians.

Beaumont Health designates this live activity for a maximum of 16.0 AMA PRA Category 1 CreditsTM. Physicians should only claim credit commensurate with the extent of their participation in the activity

American Academy of Family Physicians

This Live activity, Symposium for Primary Care Medicine 2018, with a beginning date of 11/02/2018, has been reviewed and is acceptable for up to 15.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Advanced Practice Providers and Nurses

A maximum of 16.0 CME credits can be used to meet the Continuing Education Requirements needed for Michigan Relicensure without limitation. Each attendee should claim only those hours of credit that is actually spent in the live activity.

Target Audience

The target audience for this educational conference is primary care physicians, internists, nurse practitioners, physician assistants, and nurses.

Special Needs

In order to appropriately accommodate any special accommodations (including dietary restrictions), please contact Esther Gargalino at (248) 551-2169 or esther.gargalino@beaumont.org no later than October 22, 2018.

Cancellation Policy

Prepaid registration fees will be refunded minus a \$25 administrative fee, upon written notice of cancellation by email or mail received on or before October 22, 2018. No phone calls will be accepted for cancellation of registration. No refunds will be made after October 22, 2018. Please direct your correspondence to: Esther Gargalino, cme@beaumont.edu.

Beaumont

William Beaumont Hospital 3601 West 13 Mile Road CME Dept., 305 ABW Royal Oak, MI 48073

2018

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